

Patient Name: _____

Surgeon: _____

Date of Surgery: _____ Arrival Time: _____

LASIK Pre-Op Instructions

1. You **must** have a responsible adult with you the day of surgery. You **must** have someone stay with you the night after your surgery.
2. You **must** see one of our doctors the day after your surgery. You **must not** drive until after this visit.
3. Take your regular morning medications (if any) with breakfast with the following exceptions: **No aspirin 5 days prior to surgery; no Accutane** four (4) weeks prior to surgery. Restart Accutane four (4) weeks after surgery. If you are taking Amiodarone, you are **not** a LASIK candidate. Please check with your medical doctor before making any changes in your medications.
4. **Remove eye makeup thoroughly the night prior to surgery. Do not wear** eye makeup, earrings, nail polish, perfume, cologne, after-shave, hair spray, scented deodorant or anything that has a fragrance, as this will affect the laser beam's effect on your eye! **Leave** all jewelry and valuables at home. **Do not wear** your hair in a ponytail or braid.
5. **Do not** wear soft contact lenses in the operative eye(s) for 72 hours prior to surgery.
6. **Do not** wear hard or gas permeable contact lenses in the operative eye(s) for 3 weeks prior to surgery. You can substitute a soft contact lens until 72 hours before surgery.
7. It is recommended that you eat a light breakfast before coming for your surgery. **Be sure to have your prescription filled before the surgery and bring the medication with you when you report to the laser center. Please use the ZYMAR drops, as prescribed, 3 days prior to surgery.**
8. Plan on being at the laser center for about 2 hours.
9. Report to **EYE CENTER OF TEXAS at 7505 Main, Suite 370, Houston, Texas**. The office is located on Main St. between Greenbriar and Braeswood in the Greenpark Two Building.

If you have any questions about these instructions, please call:

EYE CENTER OF TEXAS at 713-797-1010

or Horizon Eye Care at 281-265-3937